



Kingsford Hotel

MANILA

BY MEGAWORLD HOTELS & RESORTS

# FITNESS CENTER GUIDELINES

Operation Hours: 8:00 am to 8:00 pm. Only Hotel Guests may use the facilities

- Operating hours may change at anytime depending on the Management's policy
- No children under 18 years of age without parental supervision. (Waiver must be signed by parent or guardian)
- We do not permit disrespectful and inappropriate conduct toward guests and employees.
- Use of headphones or earbuds is required when listening to personal music
- Use of Gym equipment is available on a "First Come, First Serve" basis. All equipment must remain inside the Fitness Center.
- Do not drop or slam the weights. Re-rack the weights and wipe down all machines, mats, and equipment after use.
- All Guests are required to wear proper gym attire when using the Club facilities, equipment, services or amenities. A top is required that covers the chest area closed toe, non-marking rubber soled shoes are required at all times in the gym floor.
- Hotel Associates reserves the right to deny entry to a guest who appear to be under the influence of any type of alcohol and drugs.
- Photography and videography within the area are strictly prohibited.
- Bubble Gum, Food and drinks (except water) and use of tobacco or nicotine products, including but not limited to smokeless tobacco and e-cigarettes inside the facility are strictly prohibited.
- If there are any issues or questions with the equipment or machines, please see a staff member.
- Personal Trainer and Training/Classes are not permitted in the Fitness Center. Please ask assistance from our Attendant for any assistance you may require.
- A locker is provided to store your personal belongings. Please leave the locker open and surrender the key to the Reception Desk after use. In the event of the loss of the locker key, the guest shall immediately notify the Attendant thereof and a replacement locker key shall be issued and subject to the payment of fees (Php500.00)
- The Hotel and the Management will not be liable for any loss, damage to property, injury or death arising from the usage of the facilities in this area. Please immediately report any untoward observation to our Attendant.